

HEALING ANIMALS ORGANISATION

Winter Newsletter 2024-2025



Healing Animals Organisation
www.healinganimals.org



2025
Celebrates 20 years of
Healing Animals
Organisation helping
animals around the globe



My Dear Friends of the Healing Animals Organisation

In 2025 the Healing Animals Organisation is celebrating its 20-year anniversary! It gives me great pleasure to invite you to our HAO Anniversary FEST on Saturday 21st and Sunday 22nd June at Chealsfield to celebrate 20 wonderful years together. We have a great line up of workshops, healing sounds, beautiful food and merriment for you.

For now sit down with a cuppa, read and feel enriched by the HAO animal healing family! Treating one animal at a time with healing, love and time. This edition is packed full of wonderful true life HAO animal volunteering and fundraising throughout this year. Feel inspired as it may be something you may like to include in your schedule for 2025. As you know at HAO it's about team spirit.

The spotlight of this edition highlights the Healing Animals Organisation inspirational animal volunteering trips in Cyprus, every rescue centre we visited were amazed as their canine pups and cats relaxed into the energy healing, sensory enrichments and K9 massage.

The Tuesday monthly Zoom healing evenings are continuing to be an important support and life line to us all as we vibe with our HAO healing tribe! Come join us! Every beautiful animal client we have given healing to on Zoom this year has benefitted enormously. Testament to all of you who join me in these monthly gatherings. Your much appreciated donation goes towards an animal charity/rescue operation we are involved in.

Each month we will have an animal joining us live on Zoom to give healing and intuitive communication. During these special evenings our collective healing consciousness is very powerful as we come together as a united Love for all animals and all those in need of healing on our distant healing lists.

Wishing you and your animal friends a very merry Christmas and a very happy New Year
Love always Elizabeth X

Just some of the rewarding and exciting
Diplomas, short courses and CPD available
to Students and Graduates:-

Diploma in Animal Healing and Communication

Diploma in Equine Healing and Communication

Diploma in Equine Sensory Enrichment
AnimalChoices® Equine Practitioner

Diploma in Animal Sensory Enrichment
AnimalChoices® Practitioner

HAO Relax K9 Massage

HAO Relax Equine Massage

HAO Senior K9 Therapy

HAO Sensory Enrichment - Primates

PROSPECTUS elizabeth@healinganimals.org



Animal Healing and Creative Meditation

ZOOM Animal Fundraising

The first Tuesday of the month 7-9pm

2025: 7 Jan ,4 Feb, 4 Mar, 1 Apr, 6 May, 3 Jun, 1 July, 5 Aug,
2 Sept, 7 Oct, 4 Nov, 2 Dec

This is a self-development class where you can perfect your animal healing and communication skills with invited animal guests. A magical safe space to immerse yourself completely with fellow HAO healers. Liz will take us on a creative visualisation journey with the Oracle cards to attune to the earth frequencies and the heavenly realms. Share experiences with like-minded people, ground our experiences and set intentions. This monthly healing circle is fast becoming a very powerful healing tool to help and comfort our 2 and 4 legged loved ones.



21-22 June 2025



Saturday Workshop Line up

Healing with Crystals Charlotte Leach • Working with Oracle Cards Diane Stanton • Holistic Health Care dogs & cats Dr Alicja Seredynska • Gong Bath and Sound Healing Elizabeth Whiter • Delicious Food!

Sunday Workshop Line up

A day in ancient woodland • Qigong self-healing movement practice Elizabeth Whiter • Art in Nature Emma Rowsell • Nature Reiki Therapy Louise Wilson • Drum Circle and Community Singalong Lindsey Cross • Closing Ceremony

For the full itinerary, times and to book your place please contact elizabeth@healinganimals.org

This is a wonderful opportunity for you to join us in celebrating 20 wonderful years of the Healing Animals Organisation.

You can join us for one or both days.

To celebrate our journey together we have created an exciting weekend of learning, fun times and delicious food.

To see the full itinerary, times and to book your place

Contact

2025
Join us on our
Foundation in Animal & Equine Healing Workshop
Wednesday 26th March 10-5pm

Venue: South Downs West Sussex



Healing Animals Organisation
www.healinganimals.org



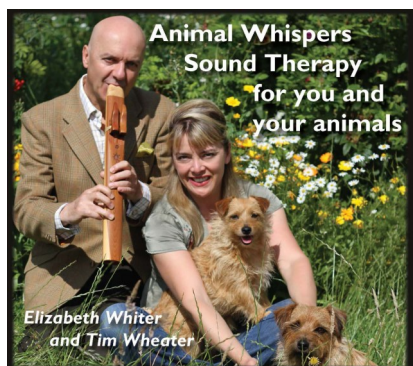
If you would like to attend please
use our contact form at
www.healinganimals.org

*Many thanks for a beautiful day,
highly informative and wonderfully
supported. Great to practice in an
environment where you gain confidence
in what you are doing. Group size was
good as there was time to chat,
share experiences and ask
questions – light and love. Zoe*

Pioneering Animal Healing School since 2005

Principal Elizabeth Whiter MHAO MNFSH IIZ ITEC WSA

Email elizabeth@healinganimals.org

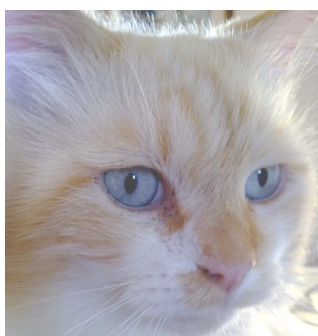


Animal Whispers
Sound Therapy for you and your animals
Music Download

Tried and tested in Elizabeth's Animal Clinic, cats, dogs, horses and their guardians become relaxed after absorbing these healing sounds

1. Instrumental Healing Music -
Tim Wheeler & Elizabeth Whiter
2. Animal Healing - Guided Visualisation with
Elizabeth Whiter & Tim Wheeler

<https://www.healinganimals.org/product/animal-whispers-sound-therapy-download/>



Special Offer

TREE LOVE



Meditations

A series of 12 British Tree Meditations
with visuals
Narrated and produced by
Elizabeth Whiter
Download from our shop
www.healinganimals.org

Social Media

Follow us on Facebook and Instagram



Facebook -Animal Healing Courses
Diplomas with Elizabeth Whiter



Instagram - Elizabeth Whiter
healing animals

Email elizabeth@healinganimals.org

CPD COURSES

RELAX HAO EQUINE MASSAGE®

31 May-1st June and 23-24th August 2025



The RELAX HAO EQUINE MASSAGE course dovetails beautifully with the Diploma in Equine and is being very well received by equine rescue centres, private stables, riding schools, and individual clients.

We ran a RELAX HAO EQUINE MASSAGE fundraiser demo at Moorcroft Race Horse Rehab Centre in 2022. Great for equine healers to add this modality to their toolkit and combine healing with equine massage. If you have completed the Diploma in Equine and would like to join the HAO Equine Massage course please email me at elizabeth@healinganimals.org for more details.

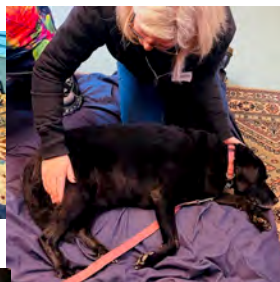


RELAX HAO K9 MASSAGE®

Level 1 8-9th November 2025

- Practical face to face training with different breeds of dogs
- Lifetime Online step by step tutorials, videos and guidance
- Add on healing modality to add to your toolkit

Please email me at elizabeth@healinganimals.org





Diploma in Animal Healing 2024 Memories



HEALING ANIMALS ORGANISATION

Equine Diploma 2024 Memories



Healing Animals Organisation
www.healinganimals.org



Diploma in Animal Sensory Enrichment 2025

AnimalChoices® Practitioner

CPD

28 June - 1st July 2025



Practical Training Module

This could be you!



Online Learning Module

This is a unique course for students and graduates of the Diploma in Animal Healing based on the extensive training, experience and work undertaken by Elizabeth Whiter in her International animal healing practice. This will be a fun and inspiring Diploma in animal sensory and food enrichment for general wellbeing. This extended course will enable the student to help guardians and carers make an informed choice about the nutritional benefits of animal self-selection using the AnimalChoices® range of culinary herb infused oils and specific plant remedies on this course for cats and dogs.



Frank And Rose Hydrosol



Violet leaf infused in Sunflower Oil



A sensory enrichment session with Claude using dried powder plant compounds



Please email me at

elizabeth@healinganimals.org

To book your place

28 June - 1st July

Diploma in Equine Sensory Enrichment 2025

AnimalChoices® Equine Practitioner  3rd - 6th July 2025



This is a unique course for HAO graduates and current students of the Diploma in Equine Healing based on the extensive training, twenty five years+ experience and work undertaken by Elizabeth Whiter in her international sensory equine practice. This will be a fun and inspiring course on Equine Sensory and Food Enrichment for general wellbeing.



The practical 4 day training course in July is combined with online tutorials and an E-Learning module. Students can also help equine owners and carers make an informed choice about the sensory and nutritional benefits of equine self-selection using culinary herb infused oils, hydrosols, tree browse, fresh/dried herbage and specific plant remedies on this course.

This could be you!



Email elizabeth@healinganimals.org for further information



“Associació Animalista Tavernes València

Darren Currell MHAO

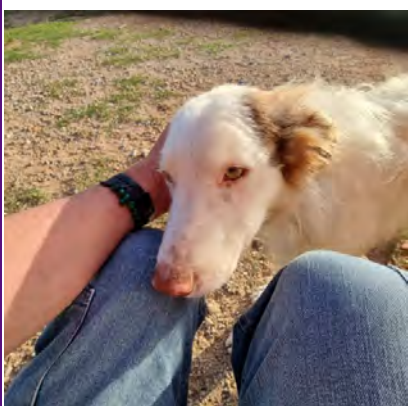


This small rescue gave me the chance to use my HAO gifts to heal, train, and communicate with dogs while handling daily tasks. I also donate monthly via direct debit through their website. The rescue, founded by Suzi and Merci 10 years ago, started in a small 4 roomed, building near a sewage plant. Fundraising enabled them to buy land and use volunteers to build a shelter with 10 large cages (two for storage). Without running water, drinking water is delivered in bottles, and irrigation water is pumped for cleaning. Electricity is minimal, with just two solar lights. We need a gas-powered fridge freezer to replace the picnic ice box we use for opened food and sausage treats to administer medication.



With limited resources, volunteers are vital. Unfortunately, a shortage this summer forced us to pause taking new cases. This allowed more time for the current dogs, which was beneficial, though bitter-sweet.

I cried when Angel, a 5/6-month-old curly-haired collie, arrived in September weighing just 9kg. Almost



shut down, he transformed within 24 hours of care. Two months later, he weighs 18kg, brimming with life.

Brando, a Podenco, stole my heart from the moment I saw him on the website. Found on the beach at nine months old, he spent over two years in the shelter before being adopted in November. Nicknamed "the demon dog" due to his boundless energy, he struggled with stress from spending 23

hours a day in his cage.

I spent extra time with him, walking, giving healing, and affection. I took him out with my walking group to help socialise him and advised a grain-free diet. This summer we also had a trainers help, he blossomed for the others as well as for me. Yet, some volunteers still refused to take him out, due to moments of overstimulation and jumping up, which pushed me to support him even more.

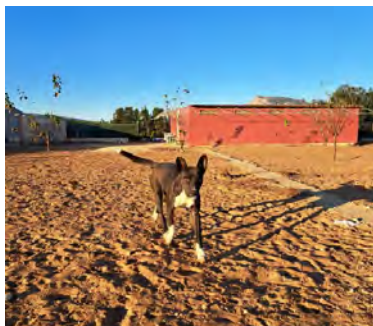
Brando and I shared a unique bond. His recall was excellent, he was great in my car, and he thrived on off-leash runs. Though I wished to adopt him, my situation wasn't right. I prayed he'd find a home with space, another dog, and a younger owner who understood him.

Now living 400km away in Barcelona, Brando has the life I dreamed for him. While his absence leaves an ache, knowing he's thriving fills me with joy.

Being a volunteer is emotionally challenging, but moments like Brando's adoption make it worthwhile.

I said I would give up volunteering after Brando left. But I know I can't do that.

Darren Currell MHAO Valencia Spain.



From Cyprus to Home: A Story of Love, Hope, and Second Chances by Caroline Lane HAO.

In November 2023, during a volunteer trip with the **HAO (Healing Animals Organisation)** under the expert guidance of Elizabeth Whiter, I had no idea my life was about to change forever. On the last morning, just three hours before our flight home, I was drawn to a particular dog in one of the local dog pounds.

She was in her compound, and one of our HAO colleagues was inside with her. I found myself instinctively speaking to her through the bars, exclaiming, *“Oh my God, isn’t she gorgeous?”* When I entered the crate, this young dog, named Mollie—sat down in my lap as if she had always belonged there. The connection was immediate and profound. Within minutes, it was time to leave, but I turned to the dog pound manager, Kareen and said the words that would change both our lives: *“I’d like to adopt her.”*



When I got home from the volunteering trip, I told my partner about my rather unique “holiday purchase.” While others might bring back souvenirs or duty free, I brought home the promise of a dog.

Mollie’s name turned out to hold a deeper significance. My partner’s late mother was also named Mol-ly (albeit spelled differently), and it felt as though fate had truly played a hand in bringing her to us.

The Path to Adoption – a bumpy road

What followed were weeks of planning and paperwork to prepare Mollie for her new life in the UK. I bought her a bed, toys, teddy’s, collars and leads – everything she would need to settle into her new home.

Over the next few weeks, we eagerly prepared for Mollie’s arrival, scheduled for December 13, 2023. But just as everything seemed to fall into place, we were hit with heartbreaking news.

Heartbreak and Determination

Shortly before her flight during pre-flight checks, we learned devastating news: Mollie had genetic double hip dysplasia. We were given the option to back out, but for us, that was never an option. Mollie deserved her chance, and we were determined to give it to her.

We worked with STAR (Stronger Together Animal Rescue), HAO, and the dog pound manager, Kareen Fryer to explore every option. After extensive scans and consultations, it was clear that Mollie needed two total hip replacements. The surgeries could have been done in the UK, but the costs were prohibitive. Thankfully, there is an incredible vet in Cyprus, **Vangelis** at 3 Vets, known as the island’s very own “Noel Fitzpatrick.”

With the support of Kareen and her husband Alan, we worked tirelessly to fundraise the money needed for the operations and thanks to everyone’s generosity, we secured the funds for Mollie’s surgeries.

Two Surgeries, Two Miracles



In February 2024, Mollie underwent her first hip replacement. The day was nerve-racking, but we received constant updates, and the operation was a success. Mollie spent two weeks recovering under the expert care of Vangelis and his team.

Afterwards, Kareen opened their home to Mollie, providing a loving environment for her to recuperate. She recovered so well that her second surgery followed in March 2024. Again, it was a success, and Mollie’s resilience amazed us all.

Back at the Fryer household, Mollie continued to thrive, and though we missed having her home for Christmas, we knew it was worth the wait. Finally, on the 24 May 2024, Mollie’s journey to the UK was confirmed.

The Long-Awaited Homecoming

The night before Mollie’s flight, we barely slept. Late-night FaceTime calls with Kareen showed Mollie ready in her flight crate at the airport, and the anticipation was overwhelming. By 6 am, we were at Gatwick Airport, waiting anxiously. After what felt like an eternity, Mollie was released to us.

As I sat in the back seat of the car feeding her chicken, I Face Timed Kareen to show her Mollie was safe and well and more tears ensued. My partner met her for the first time. His immediate reaction? *“Wow, isn’t she a gorgeous dog?”* The relief and joy were indescribable.

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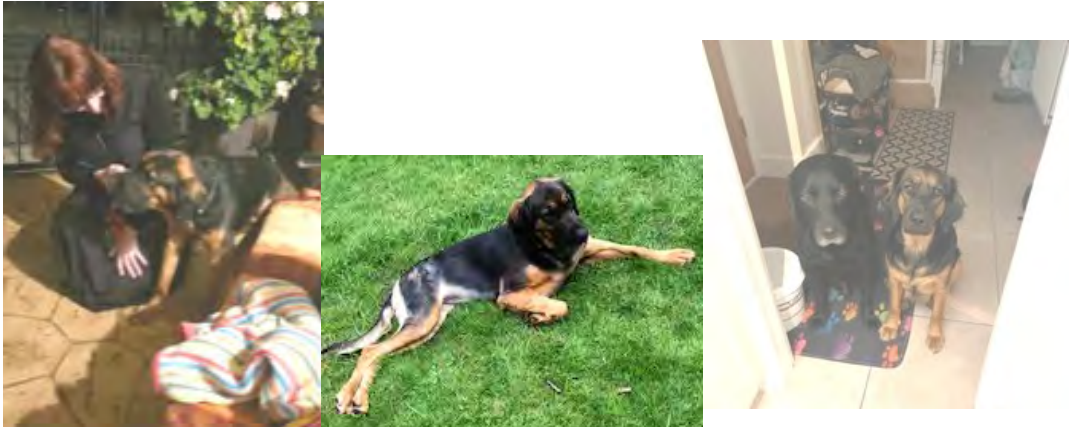
Thriving in Her New Life

Six months on, Mollie has flourished. She has gained six kilos, grown two inches, and built a beautiful bond with our 10-and-a-half-year-old Labrador, Harris. She looks to him for guidance and has settled into our home as if she has always been part of it.

Though she has faced challenges, Mollie has embraced her new life with enthusiasm. She’s learning to sit, play, and navigate her surroundings with grace. Watching her transformation from a wild street dog to a thriving, happy companion is nothing short of miraculous.

I knew from the moment I met her that Mollie was meant to be ours. Despite the obstacles, there was never a doubt in our minds. Mollie has shown us the power of second chances, and we’re grateful every day for the joy she has brought into our lives.

For those who ask why we took on such a journey, the answer is simple: some connections transcend reason. Mollie was always our dog—we just had to bring her home.



Mollie’s Mission: Flying the Flag for Cyprus Dogs

From abandoned wastelands to a loving home, Mollie’s journey has been nothing short of extraordinary. Now, she’s using her story to inspire hope for other Cyprus dogs still waiting for their forever homes.

On 24 November (exactly 6 months to the day she arrived), Mollie and our 10-year-old Labrador Harris had the honour of joining Elizabeth Whiter at the College of Psychic Studies in London. Liz invited both dogs to take part in her class, helping students connect with animals on a deeper level. It was an opportunity for Mollie to shine—and to represent the countless Cyprus dogs still seeking the love and security she now enjoys.

The Journey across London

Driving across London was an adventure in itself. Mollie, strapped safely in the back seat, gazed out the window with her usual excitement, tail wagging with every new sight. Harris, ever the steady companion and role model, sat calmly beside her.

When we arrived, the two of them confidently made their way up to the teaching room, which had been carefully prepared as a safe and welcoming environment. The room buzzed with anticipation as students gathered to practice their skills in animal communication.

Harris Leads the Way

Harris, always the professional, went first. He charmed everyone with his calm demeanour and loving energy. As expected, he was brilliant, winning the hearts of every student in the room.

But this wasn’t Harris’s first rodeo—it was Mollie’s.

Mollie’s Time to Shine

Next, it was Mollie’s turn, and I’ll admit, I felt a mix of excitement and nervousness. This was her first experience in such a setting, surrounded by a large group of people. Would she be overwhelmed? Would she settle?

I needn’t have worried.

Mollie stepped into the room with quiet confidence, her expressive eyes scanning the space. Almost immediately, she began to connect with the students. She responded beautifully to their energy, welcoming their attention and cuddles. It was as if she understood the significance of the moment—not just for her, but for the many Cyprus dogs she represented.

Her gentle, loving nature shone through, and she quickly became the centre of attention. By the end of the session, Mollie had won over every single person in the room.

Stars of the Show

The feedback was overwhelming. Both Harris and Mollie were described as the “stars of the show.” Harris, as always, led the way with his steady presence, but it was Mollie’s debut that left everyone talking.

I couldn’t have been prouder of her. This once-abandoned dog, who had endured so much, was now not only thriving but also helping others learn, grow, and connect.

Flying the Flag for Cyprus Dogs

Mollie’s presence that day felt like more than just a personal milestone—it felt like she was flying the flag for her compatriots back in Cyprus. Her story is a reminder that with love, care, and a second chance, these dogs can transform into incredible companions.

There are so many dogs like Mollie waiting in shelters, hoping for their own happy ending. By sharing her story, Mollie is helping to raise awareness and inspire others to consider adopting these wonderful dogs. Mollie is proof that every dog deserves a second chance—and when given that chance, they can do extraordinary things.

A Bright Future

That day at the College of Psychic Studies marked another step in Mollie’s remarkable journey. She’s not just a survivor—she’s a beacon of hope for other dogs in need.

If Mollie’s story has inspired you, consider supporting organisations like **HAO** and **STAR (Stronger Together Animal Rescue)**, who work tirelessly to rescue and rehome Cyprus dogs. Together, we can help more dogs like Mollie find their forever homes.

Caroline Lane MHAO.



Collaboration with our Universe -The Solution Prayer
Thought for the day by Jeannie Billington MHAO

Thank you Universe -The Solution Prayer
The Universe is on our side. It loves and cares for us unconditionally. Using the Solution prayer, which is one of the most powerful prayers we can ever use (ref: Neale Donald Walsch). We can use it for any worthy cause provided we ask for it correctly: "Thank you Universe for helping us understand that this problem has already been solved for us". This statement of gratitude must be in the NOW. If you ask for it to happen the Universe will say “Yes, You’d like that to happen wouldn’t you?”. If you thank the Universe, knowing of a certainty that it’s already happening. It’s already underway. Saying thanks for something before you get it is a declaration of absolute clarity that you are going to receive it. This is an important shift in energy.

Recently HAO volunteers manifested this for the Cypriot Athienou Pound: already dogs are going to their forever homes.



HAO Animal Fundraising - the Heartbeat of the Healing Animals Organisation

Fundraising for Animal Charities and Rescue Centres is the heart beat of the Healing Animals Organisation. HAO in 2024 raised thousands of pounds for vital funds for animals in need all over the world.



Harry
Edwards
Foundation



Sussex Bat Hospital



Thanks to our sponsored walks, gong baths, monthly healing evenings we have raised vital funds for the following in 2024- The Bat Hospital, Lindsay's Rescue Animals, Helping Paws, Fran HAO Cancer Treatment, Harry Edwards Foundation, Stronger Together Animal Rescue, Moorcroft Equine Centre, Helping Hounds, K9 Rescue International, Associació Animalista Tavernes, The Retreat Animal Rescue.

HAO SPONSORED WALKS

New Wallaby Enclosure HAO Sponsored Walk October and November 2024

At Animal School Lindsay and Tam look after many rescued animals and her team work with the council to provide SEN children therapy and animal based training. They also run educational animal clubs teaching young people how to work with animals.

In March Lindsay rescued Blossom an albino orphaned wallaby. Blossom was a specialist animal and Lindsay fed her milk every three hours and carried her about in a rucksack/pouch! She's gotten so big now they needed to put a 6ft fence around the animal centre for her safety. They planned to build her a field shelter and fence off a couple of paddocks so they can rotate her grazing with 3 rescue sheep, a llama and 7 turkeys. The cost of materials was estimated at £3,000 before labour.

Healing Animals Organisation Diploma students, Liz, Lins and the pups walked the 6K hike up the Downs and back and raised an incredible £1,300.

Lindsay shared this with us:-



“Thank you so much for the fundraising sponsored walks in October and November and raising over £1,300 for my beautiful rescue wallaby Blossom.

As always, I’m blown away by the support from Liz and her HAO students.

We have completed Blossom’s shelter which is a large space where she can be safe from bad weather and marked out territory for her field paddock. The 6ft fence is newly constructed and erected. It's so lovely to know that she will be safe and well in the space and can enjoy the garden at animal school for many years to come. **Thank you Lindsay Animal School**



BAT HOSPITAL FUNDRAISER OCT 2024

Two wonderful Healing Animals Organisation fundraiser walks took place in October and November to raise vital funds for the Bat Hospital in Sussex. HAO Diploma students raised a total of £1700. Thank you everyone for such a wonderful result from your sponsored walks, and of course to your generous sponsors. All your hard work has resulted in a fantastic achievement. Such love and support from you all, both moral and financial, gives Amanda confidence she can continue to care for bats with the best food and equipment and to the best of her ability. This year Amanda had in twice as many youngsters to rehabilitate and I am pleased to say that she achieved a 80% release rate. Some were too starved to survive, others had injuries and have joined her colony of permanent bats where she hopes they can have a fulfilling and near normal life, apart from the flying bit and not having to catch their own food. Amanda believes the problems were shortage of insects leading to starvation and unusual weather because of climate change. I feel sure, having met you all and seen what thoughtful and concerned people you all are, you will do all you can to encourage the former and reduce the latter, to help bats and all insect eating animals.



*Amanda had this to say:-
"Thank you all so much for raising nearly £1,700 for the Bat Hospital, it was a lovely surprise.*

I thought you might just like to hear of one or two of my latest batty adventures, in what has been a strange year. In the space of 10 days in late September I received 8 different species of bats. I don't think I have had so many species in such a short time; I had two Daubenton's which I can go for years without seeing, and a Nathusius' Pipistrelle, also very uncommon but which looked like a vanishingly rare Kuhl's pipistrelle until DNA testing of his droppings revealed he was a Nathusius'. But the rarest was a Bechstein. She was found underweight/starving on a path in a nature reserve. She had a slightly swollen wrist which may have reduced her foraging ability. She was quite feisty and after a rest of nearly a month in captivity she was flying well and she was released late in October when the weather allowed. Apart from the excitement of having such a young female rarity, I was also able to catch a really rare, species-specific, parasitic flightless fly, she was carrying. I had spotted it when she first came in and the Natural History Museum in London were desperate to have to carry out DNA testing on but it was very agile and I could not catch it! They don't come up very often. Anyway after a fortnight keeping an eye out for it I managed to catch it and sent it straight off, alive, to the Natural History Museum. More excitement! She was released back where she was found, I hope just in time to learn where the best hibernation sites are from her peers.

Never a dull moment at the Bat Hospital!

Thanks again and love Amanda xx



IN NOVEMBER, STUDENTS AND GRADUATES TRAVELLED TO LARNACA, CYPRUS

Susan Kazara MHAO

I am so pleased to report on our recent visit to Cyprus! During my first trip a year ago, miracles happened. March was just as amazing. We expect the unexpected, in a good way, when we venture out together in love.

In November, students and graduates travelled to Larnaca, Cyprus. Some had been before, some were on their first volunteer trip. Everyone packed HAO uniforms, trousers and sturdy footwear, which we knew would all be brushed off and aired out on hotel balconies each night, just as we knew we'd be a bit road weary by the end of the trip.



Liz lugged a suitcase filled to bursting with hydrosols, wheatgrass and spirulina, more essential oils and as many donated dog coats as could fit while still getting the zipper to close on the case.

We were greeted by Linda Dimetriou and Dee Arp, STAR Trustees who coordinated our visit. Rental cars collected, we made the hotel in time to eat.

Friday morning we breakfasted well, looking out as the sun shone on the nearby sea. Grounded, intentions set for the day, we loaded cars and headed to Simba Animal Aid Cyprus, also known as Unified. We were greeted by Beau and Avra, the two mascot dogs, and shared hugs all round with the staff. After a briefing on all the dogs, we got busy.

Dee immediately introduced a six-week-old chocolate drop with dark golden eyes. Initially shivering with all the attention, the little girl came to enjoy being passed between loving arms. STAR had run a contest to name her, and we knew that Hazel would certainly find a good home when she was ready.

Calm descended, the sun shone, and birds sang us along. Hydrosols were offered to all, noses twitched and eyes softened. Younger dogs full of excitement discovered the joy of being held close on a lap, eyes shut in bliss. Older dogs lay in their runs soaking in the healing.

We already knew there was something different about Cypriot dogs. I've worked with shelter dogs who require an experienced, strong attitude to brave the fearful, spitting snarls just to be fed. Full credit to the amazing volunteers, these dogs somehow retain a hopeful heart. We worked with one huge Doberman, Bruno, who initially was interested only in his bowl of dried food. The years showed in his swollen joints, skin growths, and blank stare as he circled his run. He soaked up the healing Louise and Marianne offered and went off to sleep. The Doberman Rescue would be collecting him soon.

A couple of dogs were willing to come forward, still trembling while leaning against the fences to get close. Another puppy was in Simba's kitchen before his adoption by a famous Cypriot footballer. Joy offered him healing, with visions of the loving, warm home to come.

By day's end, we'd visited every dog. Back at the hotel we showered and gathered for a lovely evening meal and a recap on the day, all content and eager to continue in the morning.

Saturday shone bright as we drove to SPDC (Saving Pound Dogs Cyprus), far up a rocky, one-track road, with no electricity or mains water. Constantina and a few volunteers run an amazing rescue. I worked with two completely different energies, one young, energetic boy who leapt onto the low retaining wall and patrolled the fencing. One shut-down cream lab mix whose eyes held the weight of the world. Luca would only peek out of his bed area, as far away as possible. As I sat quietly, the afternoon spun out and he gradually trusted the small bits of food I offered enough to take some from my hand. Luca's due to fly to a forever home in December, and I worked with him to hold hope and trust in his heart.



After lunch, we returned to Simba. A small, cinnamon coloured boy spent as much time on my lap as I could offer. Basil cuddled near and closed his eyes as we snuggled. Part of our work was assessing the dogs to help find the right homes. Basil wanted to be cherished, of course, and also to offer his calm presence to a new, forever family.

Continued

Sunday morning brought thunder and showers as we went to Maria and George's amazing rescue centre, **Happy Tails**. The property had kennel spaces and large compounds where dogs could mix together, including tri-pawds. Since HAO's March visit, funds were raised for three post-operative rehabilitative kennels. As a veterinary nurse, George's expertise is vital to a dog healing from surgery. Additionally, wonderful enclosures provided homes to neutered cats who couldn't be successfully rehomed, birds who couldn't fly, a pot bellied pig, a young goat and several terrapins. Among the animals sharing the house were a retriever we had seen in the Spring who had life-saving surgery after being accidentally shot in the face, and a cat with two prosthetic rear legs. We happily offered healing to all, with Jeannie especially in her element amongst the cats. Our return drive that evening was brightened by rainbows shining over the sea.

By Monday morning we were riding a wave of wonder. We went to **D.A.L.I.** (Dog Rescue Cyprus) and caught up with Monica, the manager. Last year we noted that D.A.L.I. had made major renovations since pre-pandemic visits. The facilities were state-of-the-art and still populated by dogs in need. I swooned over Dasher, a 52kg black lab whom I simply wanted to hold on my lap. That not being likely, he still soaked up my healing and cuddles. Then Missy leapt forward in greeting while Dotty held back in the far corner. Loving time was spent to find balance for them both. Finally, their heads on their paws in slumber, I moved on.

Returning to **Simba** that afternoon, we walked as many dogs as possible while performing the professional assessments needed to help find homes.

I simply had to work with Scoop, a medium brown and white spaniel with a nervously waving tail. He was in a compound with four others, his caution in the pack obvious. Most of the dogs bullied him, and he constantly evaded, running off with a yelp. We spent good, quiet time together. After healing, oils and enrichments, Liz and I took him out for a walk. He was so happy to leave the shelter, encouraged by the hard boiled eggs Liz offered. Afterward he was calmer, and had more confidence in his group.

After giving Basil another special cuddle, we said our last good-byes to Beau, Avra, and Simba.



Tuesday morning we woke with a different buzz of excitement. After preparing our luggage for the afternoon flight home, we headed to **Athienou Pound**, to meet the Mayor of the municipality.

Remember last November when we first announced the plea to help raise funds for

Athienou, the small pound in the middle of scrub land which has only seventeen kennels for 25+ dogs and no compound for exercise? The pound with very few part-time staff, no electricity or mains water? Where some of the residents have had only an 2x2 meter enclosure for the past two years of their lives? Where anyone can drive up and throw anything in to the dogs, and where occasionally someone has shoved a small dog through the top gap in the enclosures, only to land in the frightened jaws of the resident? Lina wakes up every morning with fear of what may have occurred overnight.

The Mayor greeted us, praising the volunteers, the HAO fundraising and acknowledging the need for better facilities. As we held a positive space, I asked him how many dogs from the seventeen kennels he wanted to take home with him. He laughed, replying that he had two dogs at home already. To our delight, he announced that he had been getting bids for the compound, and that if we could expand the fundraising a bit more, a company could start work in January. We thanked him and promised that we would do whatever we possibly could to continue the support. After his departure we got down to business, healing and walking every dog.

I had to include time with Ivan, who took my heart last year. A large, greying, black lab mix, Ivan had been surrendered by his 'family' after 8 years on a chain on their property and had spent over two years in Athienou. Imagine, at ten years of age, never having a green meadow or free range run to enjoy. Lina fears he will finish his life in that kennel, unless someone intervenes. Well, let's see what happens, shall we?

Before we left, we formed a special meditation circle, holding the intention of continued love, healing and forever homes for the residents, and seeing the new compound already built, and life much improved for every dog to come to Athienou.

Tuesday afternoon: hotel, shower, airport and flight. We all were sorting photos, spinning schemes, planning marketing and saving contacts. I had coordinated with Linda and Dee on possible dogs to foster in the coming months because fostering is so very vital to successful adoptions. We had helped over 400 dogs, and couldn't wait to continue the efforts on our return, particularly to raise those funds for Athienou.

Would you like to volunteer on the next trip?

HAO Students and graduates travelled to Larnaca Cyprus



Volunteering at:-
Stronger Together Animal Rescue (STAR)
SIMBA ANIMAL AID
SPDC (Saving Pound Dogs)
Dog Rescue Cyprus
Athienou Pound
Happy Tails



Why fostering matters Dee Arp MHAO

Becoming a foster parent is a wonderful and personal way to contribute to saving the lives of homeless animals. Foster parents provide a temporary home for rescue animals who are waiting for adoption. Temporary could mean from a day to several months.

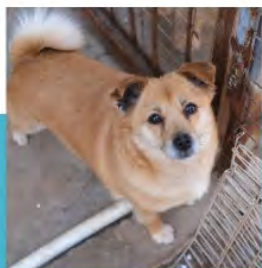
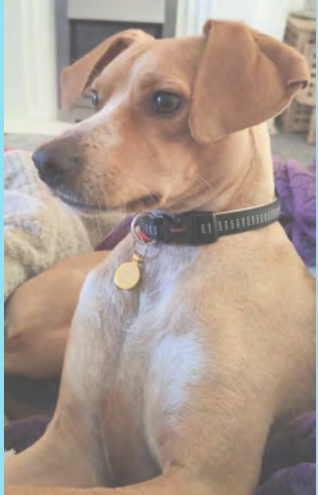
Foster homes provide the love and attention and in some cases training and healing that make the animals more adoptable. Fostering provides a flexible way to volunteer that does not require a scheduled number of hours and it's a great way to enjoy animals in your home if you are not able to make a lifelong commitment to adopt.

Foster homes play a crucial role in rehabilitating rescued animals and in helping abused and neglected animals learn how to love and trust again. By teaching or re-teaching an animal how to live in a home setting, foster homes help increase the odds for a smooth and successful transition into a permanent adoptive home.

Some people are reluctant to foster animals because they are concerned that it is unfair to take in an animal, establish a bond, and then allow the animal to be adopted into another home. Isn't that a second abandonment? Not at all. Being in a foster home can be a lifesaving bridge for an abandoned or frightened pet. It gives the animal a chance to get used to life in a house and an opportunity to learn that people can be kind, food is available, and there is a warm, secure place to sleep. Foster care can help prepare an animal for a new life in a permanent home.

Taking animals into your home, loving them, and then letting them go requires a special kind of person. Your role as a foster parent is to prepare the animal for adoption into a forever home. Giving up an animal you have fostered, even to a wonderful new home, can be difficult emotionally. Parting with animals you've nurtured and loved requires a very special kind of person – just like a HAO Graduate! Foster parents should remind themselves that moving an animal into an adoptive home makes room for one more animal to be saved.

DEE ARP Chair and Trustee
Stronger Together Animal Rescue



Are you interested in Fostering with us?

Be the bridge
between a
homeless dog
and their
forever home



We are partnering
with **STAR**
animal rescue



 **Stronger Together Animal Rescue**

Visit www.healinganimals.org/fostering for further information

DIPLOMA IN EQUINE HEALING and COMMUNICATION

Join us and Train hands on Professional Certified
Vocational one-year part time Diploma in Equine Healing
and Communication upon graduation be recognised as an
insured Equine and Communication Healer
with the Healing Animals Organisation

DIPLOMA IN EQUINE HEALING COURSE DATES SUSSEX
Foundation day - 26th March Module One - 27th-30th March 2025
Module Two - 5th - 8th June 2025
Module Three - 7th -10th August 2025
Online Zoom module day TBA 2025



Healing Animals Organisation
www.healinganimals.org

For a 2025 Prospectus
please email

elizabeth@healinganimals.org

www.healinganimals.org

Pioneering Animal Healing School since 2005

Principal Elizabeth Whiter MHAO MNFSH IIZ ITEC WSA West Sussex UK



*A horse can hear a human heartbeat from at least
four feet away. They hear intention, they feel vibe
- they are the tellers of self and mirrors of souls.*



Dancer and Liz

HAO Calendar of Events 2025

All workshops/fundraisers/talks are held in Sussex unless otherwise stated
Please email for further information elizabeth@healinganimals.org
Healing Animals Organisation Website

It gives me great pleasure to unveil the HAO calendar of Continued Professional Development Courses/Workshops/Animal Fundraisers and Volunteering 2025.

All workshops and courses below are held face to face.
Listed ZOOM sessions are live with Elizabeth via video link UK time

New events and overseas trips will be listed at
<https://www.healinganimals.org/animal-healing-courses-and-workshops/>

January 2025

7th ZOOM Animal Healing Circle and Guided Meditation: 7-9pm

26th – How to run your own Complementary Business Workshop 9.30-2pm

February 2025

4th ZOOM Animal Healing Circle and Guided Meditation: 7-9pm

16 ZOOM Animal Communication Workshop 10-4pm

March 2025

4th ZOOM Animal Healing Circle and Guided Meditation: 7-9pm

26th Foundation in Animal and Equine Healing 10-5pm

27-30 One-year Diploma in Equine Healing and Communication ®

Cyprus Animal Shelter HAO Volunteering trip *dtbc*

April 2025

1st ZOOM Animal Healing Circle and Guided Meditation: 7-9pm

12th Equine Healing and Communication Workshop

26-30th Movement, Healing Sound Retreat for healers

May 2025

6th ZOOM Animal Healing Circle and Guided Meditation: 7-9pm

11th Animal Healing Service Surrey 11am- 3pm

29th Harry Edwards Foundation Gong Concert

31-1st June RelaxHAO Equine Massage® level one module 1

June 2025

3rd ZOOM Animal Healing Circle and Guided Meditation: 7-9pm

5-8th Diploma in Equine Healing & Communication®

21-22 Healing Animals Organisation 20yr Anniversary Party Fest

28 June -1st July Diploma in Animal Sensory Enrichment

July 2025

1st ZOOM Animal Healing Circle and Guided Meditation: 7-9pm

3-6th Diploma in Equine Sensory Enrichment ®

August 2025

5th ZOOM Animal Healing Circle and Guided Meditation: 7-9pm

7-10th Diploma in Equine Healing & Communication ®

23-24 RelaxHAO Equine Massage® : level one module 2

September 2025

2nd ZOOM Animal Healing Circle and Guided Meditation: 7-9pm

October 2025

7th ZOOM Animal Healing Circle and Guided Meditation: 7-9pm

17-19 Mind Body Soul Show- Healing Animals Organisation

November 2025

4th ZOOM Animal Healing Circle and Guided Meditation: 7-9pm

8-9th RelaxHAOK9 Massage®: level 1

Cyprus Animal Shelter HAO Volunteering trip *dtbc*

December 2025

2nd ZOOM Animal Healing Circle and Guided Meditation: 7-9pm

All my love Elizabeth Whiter XX
Principal Healing Animals Organisation

